



IT TAKES A WHOLE COMMUNITY TO
RAISE A CHILD



CONTACT US

How to make a refferal?
Can be made by anyone including
yourself, health care professionals,
AHS Addictions and Mental Health
Services, or Family members.

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Parent and Child Assistant Program PCAP

PCAP supports individuals who
use substances of any type in
their journey toward healthy
pregnancies and healthy
families





PCAP Admission Criteria

- Individuals that can become pregnant and who are using alcohol or drugs, and are currently pregnant, or up to six months after birth

Or

- Individuals who have delivered a child with Fetal Alcohol Spectrum Disorder (FASD) in the past and have an ongoing alcohol and/or drug use, and are still in childbearing years.



The Goals of PCAP

The goals of PCAP are to support individuals to reduce or stop alcohol and /or drugs use during pregnancy, to achieve and maintain recovery, and to support healthy pregnancies and lives for participants and their children. We do this by addressing the needs of the participants and getting them stabilized in a whole host of ways:

- to prevent future births of alcohol and drug exposed children
 - obtaining alcohol/drug treatment
 - staying in recovery; recovery oriented care for addictions
 - daily living skills
 - positive parenting solutions
 - setting goals and identifying steps to achieve them
 - effective family planning
 - connecting to community services (Mental Health, Nutrition, Physical Health)
 - transportation to appointments
 - other supports depending on goals and needs of the participant
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Mothers are not asked to leave the program if they relapse or experience setbacks.

Case managers provide extensive practical assistance and the long-term emotional support that is important to women who are making fundamental changes in their lives.

Trained and supervised case managers provide home visitation and intervention; with a focus on planning and additional support with services for up to 3 years.

*Healthy Families
are
Happy Families*
